



VDL Authorized Activities

Created by VDL's Insurance Department

Version 1.1

December 21, 2008

VDL Authorized Activity guideline outlines the dodgeball activities that VDL allows its players and execs to exercise during the league games and any related VDL events insured under VDL.

VDL Execs need to announce the guideline and advise its players to follow the guideline. If a player does not follow the guideline and injure him or herself during the unauthorized activity, he or she will not be eligible for any insurance coverage through Vancouver Dodgeball League.

1. Equipment

Players will be allowed to play dodgeball using ONLY the equipment authorized or provided by Vancouver Dodgeball League.

- a. VDL does not authorize its players to use the equipment already existing in the gyms provided. This includes monkey bars, ladders, ropes, benches, or any objects left in the gym that are not VDL owned.
- b. Players are not to bring their own equipment to VDL's league weeks or events unless authorized by VDL's executive prior to the event. The authorization must be documented for insurance purposes in case of an injury.
- c. If player brings their own equipment which is not authorized by VDL, and injure other players, they will be responsible for the injury and the injured players will not be eligible for any insurance coverage.

2. Influence of Alcohol/Drug

Participating in VDL's sports activity under the influence of alcohol or drug (playing sports while intoxicated, bringing alcohol/drug into the gyms where the VDL's activity is held at, and consumption of alcohol or usage of any drugs inside the gyms while VDL holds its regular activities or events) is not permitted. If any players tries to participate in VDL's activities under these circumstances, they will be given an official warning and will be escorted out of the gym. The players will not be allowed to play, not only for their safeties but also for other VDL players who participate in our league games.

- a. Alcohol, whether being consumed or not, should not be brought into the gyms.

3. Activities

Players are advised not to exercise dangerous activities during any dodgeball games.

- a. Cartwheel, jumping up/off the wall, running/jumping on each other's back, flips, using players as a step, and any horseplaying will not be allowed on the court while the game takes place. In case of injury, resulted from such actions, will be the responsibility of the player, and he/she will not be eligible for any insurance coverage through VDL.

*VDL reserves all rights to stop players from any dangerous actions/plays - any injuries caused due to activities that are not authorized by VDL will not be covered by insurance